



MASSAGE SERVICES

Swedish Massage

Back & Neck 30 min Ghc 200 | Full body 60 min Ghc 300 | 90 min Ghc 350

This massage involves the use of the therapist's hands, forearms and elbows to stimulate the layers of muscles and relieving aching muscles, improving blood circulation and reducing stress.

Deep tissue Massage

Back & Neck 30min Ghc 200 | Full body 60min Ghc 300 | 90min Ghc 350

Similar to Swedish, but deeper pressure is beneficial in releasing chronic muscle tension. The focus is on the deepest layers of muscle tissue and tendons.

Relaxing Aromatherapy Massage

Back & Neck 30min Ghc 200 | Full body 60min Ghc 300 | 90min Ghc 350

A therapeutic massage using a blend of essential oils to promote healing and a feeling of well-being and relaxation.

Head Massage

30min | Ghc 200

The forehead and shoulders are a location for tension. This scalp, nape and shoulder massage relaxes and relieves this tension with the use of circular movements and essential oils.

Foot Massage/Reflexology

30min | Ghc 200

This therapeutic treatment is an effective method to relax your body focusing on the tension points under your feet.

*Services subject to availability. Secured advance booking required. 24 hrs Recommended advance booking time.
Please be ready 15 minutes ahead of the scheduled appointment time*